## KASTURBA MEDICAL COLLEGE (A constituent unit of MAHE, Manipal)





# MELIOIDOSIS – An Emerging Tropical Disease in India

**'MISSION'- ICMR TASK FORCE** 'MISSION': A Multi-Centric Capacity Building Initiative to Strengthen the Clinical and Laboratory Detection of MelioidoSis in India with special flcus on the North Eastern States



### **MELIOIDOSIS:** Neglected infectious disease which can be fatal

- Causative agent is a bacterium, Burkholderia pseudomallei, which is found in the soil and water.
- Can be transmitted by inhalation, inoculation, and ingestion.
- People who come in contact with soil and water by occupation or during recreational activities are affected.
- Risk groups are uncontrolled diabetes, chronic kidney disease, chronic alcoholism, thalassemia, immunosuppressive conditions etc.
- It has acute phase (1-21 days) and chronic phase (>2 months).



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Septic arthritis

### **Common Clinical Diagnosis** for Melioidosis:

- Community Acquired Pneumonia
- Community Acquired Sepsis
- Deep Organ Abscess (Liver, Spleen, Lymph Nodes)
- Parotid Abscess
- Prostatic abscess
- Septic Arthritis
- Osteomyelitis
- Cellulitis
- Cutaneous ulcers

### **Common symptoms and signs** of melioidosis patients:

General Symptoms and signs	Admitting Departments	
1.Fever (temperature > 38.0°C [100.4°F])	All departments, especially Medicine, Emergency Medicine	
2. Breathlessness		
3. Muscle aches		
4. Headache		
5. Chest pain		
6. Anorexia		
7. Abdominal discomfort		
8. Weight Loss		
9. Skin Ulcer		

### When to suspect melioidosis in a patient?

Anyone with fever, especially if they present with:

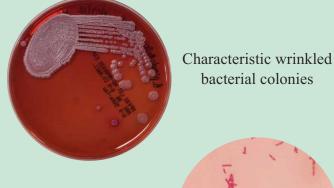
- Community Acquired Sepsis
- Community Acquired Pneumonia
- Deep abscesses
- Uncontrolled Diabetes or other predisposing factors
- Soil/Water contact
- Rainy Season
- Not responding to standard treatment











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Specific Symptoms and signs	Common Admitting Departments
1. Chest pain, Respiratory distress, Shortness of breath	Emergency Medicine, General Medicine, Pulmonary Medicine, Cardiology
2. Organ abscess (liver, lung, spleen, parotid, prostate, lymph nodes, or brain)	Surgery, Neurosurgery
3. Seizure, Disorientation, Neck Rigidity, Symptoms and signs of Encephalomyelitis/meningitis/ extra-meningeal disease	Emergency Medicine, General Medicine, Neuromedicine
4. Joint pain, symptoms and signs suggestive of septic arthritis, osteomyelitis	Orthopedics
5. High fever, hypotension, disorientation, autonomic dysfunction, signs and symptoms of sepsis	Emergency Medicine, General Medicine
6. Skin Ulcer, Nodules, Skin Abscess	Dermatology

- Cutaneous abscess
- Meningitis

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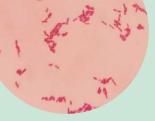
### **Right Samples to be collected from** a suspected melioidosis patient:

- Blood culture (2 bottles preferred total 20 ml)
- Sputum (or any other respiratory specimens)
- Pus (from Cutaneous abscess or Deep Organ Abscess)
- Tissue (from Cutaneous ulcers)
- Body Fluids (Peritoneal, Pleural, Pericardial)
- Joint aspirate
- Cerebro Spinal Fluid
- Biopsy (in lymphadenopathy)
- Urine

### How to reach us:



Gram-negative rod-shaped bacteria with bipolar staining showing 'Safety-pin' appearance





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### MISSION MELIOIDOSIS - ONE Diagnosed, ONE Saved